

Season's greetings and welcome to our Winter update and a new look for Newsletter. We hope you like it!

We're always busy here at NYMTC and the last few months have been no exception. After the summer holidays it was back to school for Angela, our lead therapist, providing weekly therapy sessions for 32 young people over 3 days in 3 local special schools. Jill Bowman, our dedicated volunteer can now spend a full day supporting Angela, much appreciated, Jill! We provide a mix of individual and group therapy depending on the needs of the children and how they respond and interact during therapy. There are some lovely videos on our website that show music therapy in action and demonstrate how beneficial it can be.

Our work with adults and older people includes visiting people in their homes, workshops for other local charities and training for school staff

You'll find more news, updates and events below. If there's anything you think we should include in our next newsletter, or any feedback you'd like to offer, do let us know.

Thank you for your support, it means a great deal to us and the people we help.

The NYMTC Team

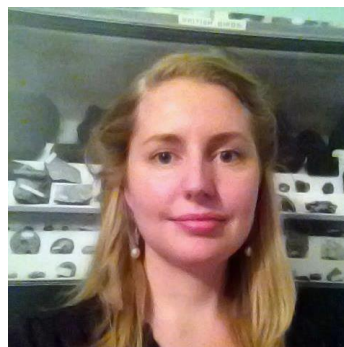


Angela takes NYMTC to Japan!

The 15th World Congress of Music Therapy, a triennial conference for those involved with music therapy, was held in Tsukuba, Japan in July. Angela travelled to Japan for the event and gave a presentation on developing the music therapy profession. The congress was attended by 3000 people from 48 different countries.

Funding Success!

In September we applied to the Two Riding's Community Foundation for support with our work with local schools. We are very pleased that our application was a success and the foundation will be supporting us in 2018.



A new face!

In August we welcomed our new Office Administrator, Kerry Metcalfe, to the team. Kerry has spent many years working for charities and brings valuable experience to the role. She works 2 days a week alongside studying for a Science degree with the Open University. Her spare time is spent with her horses, as well as playing music, illustrating and growing fruit and veg!



Christmas with Cantar and Ian McMillan

The Cantar Choir are holding a Christmas concert celebrating the best of Yorkshire and featuring festive treats from the world over. Poet Ian McMillan and Olympics composer Luke Carver Goss will join in the entertainment with excerpts from their show 'Words, Music, Glee and Delight'. We're very grateful that Cantar has chosen NYMTC as one of their supported charities.

For more information see the enclosed leaflet.

A quick look back to... 1984

Our founders, Mary Abbotson, who trained as a music therapist in the 70's, and her husband Raymond, a former special school head teacher, first set up a music therapy practice at their home in the North Yorkshire Moors. In 1990, North Yorkshire Music Therapy Centre was officially registered as a charity.



Out and About

In October, Angela gave a presentation at Leeds University's Cultural Institute, about the use and value of music therapy in rural communities. In November, she discussed music therapy careers with MA students from York University, and gave an informal talk to the Country Women's Luncheon Club in Pickering which was enjoyed by all.

Our generous supporters

Thanks to everyone who attended 'Rehearsing for Heaven' in October. This fantastic a capella music workshop was led by Tony Backhouse and raised £300 for NYMTC. We're very grateful to Tony for his support and to Caroline Hall for organising it. Thanks also to Jill Shepherd for collecting donations for NYMTC as part of her birthday celebrations - we hope you had a lovely

Take action to keep hearing from us

In May 2018, a major update to data protection laws comes into effect. The new General Data Protection Regulations require UK charities to make sure supporters have given their permission to be contacted. If you would like to keep hearing from us, it's important that you take a minute to complete the enclosed form and let us know.

